

Scrubs Size and Conversion Chart

The following charts may be used as a guide for determining the correct size to order for styles shown throughout this catalog. Locate the correct size chart and order the size listed, based on your body measurements.

INSEAMS INDICATE FINISHED LENGTH OF THE PANTS. THIS IS NOT A BODY MEASUREMENT.

Ladies' Size									
Order Size	XXS	XS	S	M	L	XL	2XL*	3XL*	4XL*
Numeric Size	2	4/6	8/10	12/14	16/18	20/42	44/46	48/50	52/54
Bust	31-32	33-34	35-36	37-39	40-43	44-47	48-51	52-55	56-59
Waist	21-23	24-25	26-27	28-30	31-34	35-38	39-42	43-46	47-50
Hips	33-34	35-36	37-38	39-41	42-45	46-49	50-53	54-57	58-61

Ladies' Bottoms									
Order Size	XXS	XS	S	M	L	XL	2XL*	3XL*	4XL*
Waist	21-23	24-25	26-27	28-30	31-34	35-38	39-42	43-46	47-50
Hips	33-34	35-36	37-38	39-41	42-45	46-49	50-53	54-57	58-61
Inseam	31	31	31	31	31	31	31	31	31

Men's & Unisex Tops										
Order Size	XXS	XS	S	M	L	XL	2XL*	3XL*	4XL*	5XL*
Chest	29-31	32-34	35-37	38-40	42-44	46-48	50-52	54-56	58-60	62-64
Waist	21-23	24-26	27-29	30-32	34-36	38-40	42-44	46-48	50-52	54-56

Men's & Unisex Bottoms										
Order Size	XXS	XS	S	M	L	XL	2XL*	3XL*	4XL*	5XL*
Waist	21-23	24-26	27-29	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Inseam	30	30	30	30	30	30	32	32	32	32



Get a Perfect Fit
If possible get a friend to help.

BUST/CHEST - With arms at your sides, measure around your upper body, under your armpits and over the fullest part of your chest and shoulder blades.

WAIST - Measure around your waist. The waist measurement should be taken from the Natural Waist which is the point where you bend side to side. Measure at this point, keeping the tape comfortably loose around your waist.

HIPS - Stand with your heels together and measure around the fullest part of your hips. Approximately 8" below your waist.

INSEAM - Select a pair of your best fitting pants of similar material. Measure from the crotch to the bottom. The number of inches, to the nearest half inch, is the inseam length. Or measure from the center crotch to bottom of leg hem.

